



EXECUTIVESPA&GYM  
FITNESS&WELLNESS

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WELLNESS PROGRAM





EXECUTIVE SPA & GYM  
FITNESS & WELLNESS

## AREA SPA

Admission to the SPA program - 90 min.	€	30
Admission to the SPA program - 180 min.	€	50
Breakfast & SPA - Saturday and Sunday	€	50
Lunch & SPA - Monday to Friday	€	80
SPA & aperitif - Tuesday to Saturday	€	45
SPA Night Celebration (exclusive SPA)		
from 8:30 p.m. to 10:30 p.m. for up to 10 people	€	500
For each each additional person	€	50
Private Room max 6 people - 120 min.	€	270



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## FACE TREATMENTS

### AYURVEDIC FACE TREATMENTS - 60 min.

Hydrating	€	85
Purifying	€	85
Soothing	€	85
Nourishing	€	85

AYURVEDIC FACE CLEANSING - 75 min.	€	115
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## FACE MASSAGE

### Kyokute

ancient Japanese lifting technique - 50 min.	€	100
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Face massage - 30 min.	€	50
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### LINFODRAINER

Face treatment	€	50
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N°5 Lymphatic face treatments	€	220
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## BODY TREATMENTS

### EXFOLIATING TREATMENTS - 30 min.

Aroma salt body scrub € 45

Nourishing body scrub € 45

### complete your exfoliating treatment:

Hydration with nourishing cream - 15 min. € 30

Massage with moisturizing oil - 30 min. € 50

Detox clay wrap - 30 min. € 40

Skin repair anti aging - 30 min. € 40

Detoxifying cellulite - 50 min. € 90

Drain&tone (cupping) - 50 min. € 90



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## MASSAGES

Energizing herbal massage - 75 min.	€ 100
Sport & Vitality massage - 50 min.	€ 90
Sport & Vitality massage - 80 min.	€ 120
Lymph stimulation massage - 50 min.	€ 85
Lymph stimulation massage - 80 min.	€ 115
Mind relaxing aroma massage - 50 min.	€ 90
Mind relaxing aroma massage - 80 min.	€ 120
Deep relax massage - 50 min.	€ 85
Deep relax massage - 80 min.	€ 115
Vital stone massage - 75 min.	€ 100
Lighten foot massage - 30 min.	€ 50
Dynamic recreation back massage - 50 min.	€ 85
EXÈ Private Ritual:	
Private SPA + Couple Massage	
Monday to Friday - 110 min.	€ 270



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## AYURVEDIC MASSAGES

Abhyangam - 60 min.	€ 100
Padabhyangam - 40 min.	€ 60

## LINFOPRESS

N°1 Session	€ 50
N°5 Sessions	€ 225
N°10 Sessions	€ 400
in addition to treatments	€ 20

## BEAUTY TREATMENTS

Deep face cleansing	€ 60
Men face cleansing	€ 60
Manicure	€ 20
Manicure with semi-permanent nail polish	€ 40
Pedicure	€ 30
Pedicure with semi-permanent nail polish	€ 50
Facial hair removal	€ 15
Arm and underarm hair removal	€ 30
Legs and bikini area hair removal	€ 45



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## WELLNESS PACKAGES

ENERGIZING PROGRAM - 3 h. € 135

- 50 min. Cardio/Functional training with our personal trainer
- 60 min. SPA
- Deep relax massage

ENERGY WAVE - 2 h. € 155

A revitalizing program offering a pleasant sense of well-being through the invigorating action of hot boluses.

- Turkish bath
- Exfoliation treatment
- Massage with hot boluses

DETOX - 2.15 h. € 155

A detox program that activate metabolism and provides an immediate sense of lightness. The mineral-rich Dead Sea mud tones and smooth the body.

- 30 min. Cardio workout
- 15 min. Sauna
- Dead Sea mud wrap
- Detoxifying herbal oil massage



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REDENTION - 2.30 h.

€ 180

A holistic relaxation program for true mind-body harmony, featuring a deep hot stone massage and an illuminating face treatment.

- Sauna
- Hot stone body massage
- Illuminating face treatments

PEACEFULL - 3 h.

€ 200

A complete wellness program, featuring aromatic oils and the sound of Tibetan singing bowls for deep relaxation.

- Turkish bath
- Emotional showers
- Dead Sea salt exfoliation
- Aromatherapy massage
- Draining face massage



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## WELLNESS PACKAGES

BALANCE - 3.30 h.

€ 245

A program designed to reach pure relaxation, eliminating stress and tension. After the detoxifying effects of the Turkish bath and toning hydromassage, you will be enveloped by the fragrances of body and face masks, with a relaxing foot and scalp massage.

- Hydromassage
- Turkish bath
- Body and face exfoliation
- Body mask
- Face mask
- Scalp massage
- Foot massage



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HAMMAM - 1 h. € 90

Traditional Berber ritual.

Stimulates the removal of dead skin cells and toxins, reactivates circulation, and regenerates the skin.

- Savonage
- Steam bath
- Exfoliation
- Hydromassage pool

complete your hammam experience:

- Body hydration with moisturizing cream - 15 min. € 30
- Body massage - 30 min. € 50
- Body mask with draining and  
detoxifying mud - 30 min. € 50
- Body massage - 50 min. € 85



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